

Introductory Course

Level	Theory	Aural
1	Musical Alphabet	
2	Scale Degrees	
3	 Basic Terminology Clefs – Treble / Bass / Alto / Tenor (G-clef, F-clef, C-clef) Staff/Stave 	
4		Register • High / Middle / Low Pitch • Unison / Up or Down



Foundation Course

Level	Theory	Aural
1	Note Values • Semibreve / Minim / Crotchet / Quaver/s • Whole note / Half note / Quarter note / Eighth note/s	Clapping basic rhythms Introduce rhythm clef
2	Rest & dotted note values Rests: Semibreve / Minim / Crotchet / Quaver/s Dotted minim and dotted crotchet – notes and rests	Identify rhythm I bar
3	Time Signatures • 2/4, 3/4, 4/4 • Bar lines	Identify rhythm2 bars
4	 Stem Direction Direction of stems and flags Placement of note heads - line or space 	IntervalNear or Far
5	 Introducing Note Reading Notes C, D, and E in treble and bass clef 	Interval Repeat, Step, Skip or Leap
6	Note Reading C-C in treble & bass clef	TranscriptionIdentify a short 3-note melody
7	 Dynamics ppp / pp / mp / mf / f / fff cresc. / decresc. / dim. 	Dynamicspp/p/mp/mf/f/ff
8	 Articulation Legato (slur) & staccato Tempo markings Largo, Adagio, Andante, Moderato, Allegretto, Allegro, Presto 	• Legato (slur) & staccato
9	 Quiz Summary of all Introductory & Foundation course content 	QuizSummary of all Introductory & Foundation course content

Preliminary Course

Level	Theory	Aural
1	Note ReadingUp to 2 ledger lines in treble & bass clefAccidentals	TranscriptionIdentify a simple 2-bar melody
2	The KeyboardReading notes on keyboard	 Transcription Identify a short excerpt. Notes are highlighted on a keyboard as they are heard.
3	 Scales Major scales of C, F, G (with accidentals & key signatures) TTSTTTS (tones & semitones) 	Scale recognitionMajor scale recognition
4	IntervalsPU/P1, m3, M3, P4, P5, P8	IntervalsIdentify intervals
5	TriadsC, F, G in root position	TriadsMajor triad recognition
6	 Instrument Family Strings, Woodwinds, Brass, Percussion, Keyboard instruments 	 Timbre Match the instrument to its family from hearing a short excerpt.
7	QuizSummary of all Preliminary Course content	QuizSummary of all Preliminary Course content

The content of our preliminary course aligns with most preliminary grade theory examination boards. It will be released throughout 2025.

